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Ayurvedic Management for Gridhrasi

With Special Reference to Sciatica: A Review

Surendra Kumar
Assistant Professor, Department of Panchkarma, Madhav Ayurvedic Medical College & Hospital, Pindwara, Sirohi, Rajasthan
e-mail: drsurendra87@gmail.com

G S Indoriya
Dean/Principal, Madhav Ayurvedic Medical College & Hospital, Pindwara, Sirohi, Rajasthan

Abstract

Ayurvedic Management of Gridhrasi WSR to Sciatica: A Review

Contemporary medicine has limitations giving short-term relief in pain or surgical intervention with side effect. Aim and Objectives: The aim of this study was to access the efficacy of Ayurvedic management including Shodhana and Shamana Chikitsa in Gridhrasi.

Keywords

Gridhrasi; Sciatica; Ayurvedic Management

1. Introduction

Gridhrasi (Sciatica) is a disorder in which low back pain is found, that spreads through the hip, to the back of the thigh and
down the inside of the leg. There are many causes for low back pain, however Ayurvedic Management for Gridhrasi with Special Reference to Sciatica: A Case Report.

Satya Prakash, Sarvesh Kumar Singh.

Abstract. Gridhrasi (sciatica) is one among Vata-vyadhi caused by aggravated Vata Doshas. It is characterized by burning, stinging or not be given in the diseases of vata origin. Gridhrasi (Sciatica) – Part 2: Ayurveda Management of ...Ayurvedic Management for Gridhrasi with Special Reference to Sciatica- A Case Report.

Shodana: Urdhwa and adho shuddhi – Vamana and Virechana are the purificatory measures which are implemented to get rid of the morbid kapha and pitta respectively. Gridhrasi is a vata vyadhi. Vamana logically need not be given in the diseases of vata origin. Gridhrasi (Sciatica) – Part 2: Ayurveda Management of ...Ayurvedic Management for Gridhrasi with Special Reference to Sciatica- A Case Report.

Urbha pad chimchimaya (tingling sensation) since 8 months, AYURVEDIC MANAGEMENT OF GRIDHRASI W. S. R. SCIATICA: A Ayurvedic management of Sciatica: Shodana:

Chief Complaints:-
1) Vaam kati te padatal shool (radiating pain from lumber, thigh, knee, calf, foot region) since 20 days, 2) Ubhay pad...
numbing pain that is felt in the buttock, thigh, leg or foot. Ayurvedic management for Gridhrasi with Special Reference...Ayurvedic management done by using collaborative approach of and can effectively manage which arises due to lumber disc ...

Ayurveda is specialized in treating Sciatica with highest treatment success rate. It offers excellent Panchakarma therapies along with internal medicines for treating Sciatica. Ayurveda described sciatica as Gridhrasi (Gridhra means Eagle), as the gait of the affected person resembles that of an eagle’s walk and the inflamed nerve appears like eagle’s beak. Sciatica ~ Best Ayurvedic Treatment | Panchakarma | CHARAKA The Ayurvedic treatises in the context of Vata Vyadhi explain a painful condition afflicting the lower limbs called ‘Gridhrasi’ wherein the pain along with stiffness, sensation of pins and needles, gripping and pulsations start in the spik or the buttocks [gluteal region] initially and...
gradually encroach the regions of the posterior aspect of kati (pelvis and lumbo sacral regions), ooru ...gridhrasi | All About Ayurveda

In 19th chapter of Charaka Sutrasthana – Astodariya Adhyaya, description of two types of Gridhrasi – Vataja and Vata-Kaphaja is mentioned.

In Gulma Cikitsa, the explanation of Lasuna ksheera Paka is said for Gridhrasi. In 28th chapter of Chikitsasthana – Vatavyadhi Chikitsa, the detailed symptomatology and treatment of Gridhrasi have been given.

References of The Disease Gridhrasi In Ayurvedic Text ...Effect of Vatari Guggulu in the management of Gridhrasi (sciatica) Geeta V Sathavane 1, Darshana H Pandya 2, Madhav Singh Baghel 3 1 Department of Roga Nidana, Shri K.R. Pandav Ayurved College, Nagpur, Maharashtra, India 2 Department of Rog Nidana Evam Vikruti Vijnana, Institute for Post Graduate Teaching and Research in Ayurveda, Gujarat Ayurved University, Jamnagar, Gujarat, India 3 Ayurveda ...Effect of Vatari Guggulu in the management of Gridhrasi ...Ayurvedic Management For Gridhrasi With Special Reference Author: s2.kora.com-2 020-10-14T00:00:00+00:01 Subject:
Sciatica or Gridhrasi is a severe painful condition affecting the posterior aspect of one or both the lower limbs. The pain radiates along the path of the sciatic nerve which has its origin at the back of the pelvis from the lumbosacral vertebrae. Gridhrasi or Gridhra in the context of Sanskrit from relevant books on Exotic India. See also (Relevant definitions) Partial matches: Gridhra. Relevant text. Search found 5 books and stories containing...
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The present case study is successful ayurvedic management of a case of Gridhrasi (Sciatica). 2.

Chief Complaints:-
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Ayurvedic Management of Sciatica | Sunshine Ayurveda Ayurvedic Management of Gridhrasi WSR to Sciatica: A Review Surendra Kumar Assistant Professor, Department of Panchkarma Madhav Ayurvedic Medical College & Hospital, Pindwara, Sirohi, Rajasthan e-
Ayurvedic Management For Gridhrasi
With Special Reference

Abstract
Effect of Vatari Guggulu in the management of Gridhrasi (sciatica)

Geeta V Sathavane 1, Darshana H Pandya 2, Madhav Singh Baghel 3

Department of Roga Nidana, Shri K.R. Pandav Ayurved College, Nagpur, Maharashtra, India

Effect of Vatari Guggulu in the management of Gridhrasi

Gṛdhrasī, Gridhrasi, Gridhrasi, Grdhrasī, Gridhrasi: 4

Ayurveda, Ayurved, Ayurveda, Ayurvedic, Ayurvedic

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Perspective & Management.
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